

CURRICULUM VITA

KATHERINE E. PURSWELL, Ph.D., LPC, NCC, RPT

Department of Counseling and Human Services

University of Scranton

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EDUCATION

Ph.D., Counseling: August 2014

University of North Texas (CACREP Accredited)

Specialties: Clinical mental health counseling; Child and family counseling

Dissertation: Children's experiences in the therapeutic relationship: Development and validation of a self-report measure

M.Ed., Community Mental Health Counseling, August 2010

University of North Texas (CACREP Accredited)

Specialty: Play therapy

B.S., Family and Consumer Sciences, May 2006

Texas State University-San Marcos

Major: Family and Child Development

PROFESSIONAL QUALIFICATIONS

Licensed Professional Counselor: Pennsylvania LPC #PC008281; Texas LPC #67219

National Certified Counselor #333354

Registered Play Therapist #T2545

AREAS OF EXPERTISE AND TEACHING INTERESTS

Child and Family Counseling
Play Therapy
Assessment and Measurement

Professional Development of Counselors
Person-Centered/Experiential Approaches
Expressive Media in Counseling/Supervision

RESEARCH AGENDA

Counselor-client relationship in child centered play therapy; counselor development across the lifespan

AWARDS AND HONORS

- 2015 Rug Award, Department of Counseling and Human Services,
University of Scranton
- 2015 Association for Counselor Education and Supervision, Emerging Leader
- 2013 University of North Texas' Provost Citation for Excellence of a Center/Institute
while Assistant Director, Center for Play Therapy
- 2012 Leadership Fellow, Chi Sigma Iota International
- 2012 Outstanding Service to the Chapter Award, Chi Sigma Iota – Rho Kappa Chapter
- 2012-2013 Chi Sigma Iota International, Leadership Fellow
- 2010-2014 Toulouse Graduate School Doctoral Fellowship, University of North Texas
- 2009 Outstanding Service to the Chapter Award, Chi Sigma Iota – Rho Kappa Chapter
- 2006 Outstanding Undergraduate Award, College of Applied Arts
Texas State University-San Marcos
- 2006 Undergraduate Paper Contest Winner, Texas Council on Family Relations

PUBLICATIONS

Refereed Papers (published or in press)

- Purswell, K., & Stumaker, H. L.** (2015). Expressive arts in supervision: Choosing developmentally appropriate interventions. *International Journal of Play Therapy, 24*(3), 103-117. doi:10.1037/a0039134
- Purswell, K. E., & Ray, D. C.** (2014). Research with small samples: Considerations for single case and randomized small group experimental designs. *Counseling Outcome Research and Evaluation, 5*(2), 116-126. doi:10.1177/2150137814552474
- Lindo, N. A., Dillman Taylor, D., Meany-Walen, K., **Purswell, K.**, Jayne, K., Gonzales, T., & Jones, L. (2014). Teachers as therapeutic agents: Perceptions of a school-based mental

health initiative. Manuscript accepted for publication in *British Journal of Counseling and Guidance*, 42(3), 284-296. doi:10.1080/03069885.2014.896452

Jayne, K. M., Stulmaker, H. L., & **Purswell, K.** (2013). Multicultural considerations for child counseling: Systematic review. *Journal of Professional Counseling: Practice, Theory, and Research*, (40)2 15-32.

Purswell, K., & Dillman Taylor, D. (2013). Creative use of sibling play therapy: An example of a blended family. *Journal of Creativity in Mental Health*, 8(2), 162-174. doi:10.1080/15401383.2013.792228

Meany-Walen, K., Carnes-Holt, K., Barrio Minton, C. A., **Purswell, K.**, & Pronchenko-Jain, Y. (2013). An exploration of counselors' professional leadership development. *Journal of Counseling and Development*, 91(2), 206-215.

Dillman Taylor, D. L., **Purswell, K.**, Jayne, K., Lindo, N. A., & Fernando, D. (2011). The impact of child-parent relationship therapy on child behavior and parent-child relationships: An examination of parental divorce. *International Journal of Play Therapy*, 20(3), 124-137.

Purswell, K. E., Yazedjian, A., & Toews, M. L. (2008-2009). Students' intentions and social support as predictors of self-reported academic behaviors: A comparison of first- and continuing-generation college students. *Journal of College Student Retention*, 10(2), 191-206.

Yazedjian, A., Toews, M. L., Sevin, T., & **Purswell, K. E.** (2008). "It's a whole new world": A qualitative exploration of college students' definitions of and strategies for college success. *Journal of College Student Development*, 49(2), 141-154.

Yazedjian, A., **Purswell, K. E.**, Sevin, T., & Toews, M. L. (2007). Adjusting to the first year of college: Students' perceptions of the importance of parental, peer, and institutional support. *Journal of the First-Year Experience & Students in Transition*, 19(2), 29-48.

Refereed Papers (submitted for review)

Ray, D., **Purswell, K.**, Haas, S., & Aldrete, C. (in review). Child centered play therapy-research integrity checklist: Development, reliability, and use. *International Journal of Play Therapy*.

Book Chapters (published or in press)

Purswell, K. (2015). The extraordinary 11-year-old. In D. C. Ray (Ed.) *A therapist's guide to child development: The extraordinarily normal years* (pp. 152-164). New York, NY: Routledge.

Bratton, S. C., **Purswell, K.**, & Jayne, K. M. (2015). Play therapy: A child-centered approach. In H. T. Prout (Ed.), *Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinic settings* (5th ed, pp. 91-114). Hoboken, NJ: Wiley & Sons.

Book Chapter (in review)

Jayne, K., & **Purswell, K.** (estimated publication 2017). Creativity, expressive arts, and play therapy. In J. Daigle (Ed.), *Counseling children and adolescents: Working in school and clinical mental health settings*. New York, NY: Routledge.

Works in Progress

Purswell, K., & Stulmaker, H. L. (in progress). Experiences of beginning play therapist trainees.

Purswell, K. (in progress). Assessment and Crisis Intervention in Humanistic Counseling (book chapter)

PROFESSIONAL PRESENTATIONS

National/International Refereed Presentations

Purswell, K. (2016, July). *Counseling children and the person-centered philosophy: Developmental considerations*. World Association for Person Centered and Experiential Therapies International Conference, New York, New York.

Purswell, K. (2016, June). *Putting the pieces together: Assessments for humanistic counselors*. Association for Humanistic Counseling Conference, Portland, Oregon.

Stulmaker, H. L., Jayne, K. M., & **Purswell, K.** (2016, March). *What do I do now? Overcoming challenging problems in the playroom*. American Counseling Association Conference, Montreal, Canada.

Stulmaker, H. L., Jayne, K. M., & **Purswell, K.** (2015, October). *Developing a multiculturally-responsive pedagogical practice: Creative and inclusive teaching strategies for counselor educators*. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.

Dillman Taylor, D., **Purswell, K.**, & Blount, A. (2015, October). *Transforming your classroom: Encouraging student involvement and promoting active participation in assessment*. Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania.

Purswell, K. (2015, June). *A humanistic approach to promoting high-level thinking in counselors-in-training: Attitudes and strategies for the classroom*. Association for Humanistic Counseling Conference, Cleveland, Ohio.

- Purswell, K., & Dillman Taylor, D.** (2015, March). *Coloring outside the lines: Creative approaches to counseling families and adolescents*. American Counseling Association Conference, Orlando, Florida.
- Purswell, K.** (2014, June). *Activating student growth: The role of positive regard*. Association for Humanistic Counseling Conference, Albuquerque, New Mexico.
- Jayne, K., & **Purswell, K.** (2014, June). *A way of being: Counselors' authentic use of self in clinical practice*. Association for Humanistic Counseling Conference, Albuquerque, New Mexico.
- Purswell, K., & Bratton, S.** (2013, October). *A humanistic approach to promoting high-level thinking in counselors-in-training: Attitudes and strategies for the classroom*. Association for Counselor Education and Supervision Conference, Denver, Colorado.
- Stulmaker, H., **Purswell, K., & Jayne, K.** (2013, October). *Multicultural considerations in child counseling: A systematic review*. Association for Counselor Education and Supervision Conference, Denver, Colorado.
- Jayne, K., Stulmaker, H., & **Purswell, K.** (2013, April). *Is My Child Normal?: Creative Strategies for Incorporating Child Development Knowledge and Skills in Parent Education*. International Conference On Parent Education and Parenting, Denton, Texas.
- Dillman Taylor, D., **Purswell, K., & Bratton, S.** (2013, April). *Support for changing families: Child-Parent Relationship Training (CPRT) with divorced parents*. International Conference on Parent Education and Parenting, Denton, Texas.
- Bratton, S., Dillman Taylor, D., & **Purswell, K.** (2013, March). *Counselor educators and local schools unite: How to's for research/service-learning projects with underserved populations*. Presentation at American Counseling Association Conference & Exposition, Cincinnati, Ohio.
- Bratton, S., **Purswell, K., Akay, S., & Lin, Y.** (2012, March) *How-to's for research/service-learning projects with underserved populations*. American Counseling Association Annual Conference, San Francisco, California.
- Bratton, S., Pronchenko, Y., **Purswell, K., & Dillman Taylor, D.** (2011, October) *Counselor educators and local schools unite: "How to's" for research that also provides service-learning opportunities with underserved populations*. Association for Counselor Education and Supervision Conference, Nashville, Tennessee.
- Purswell, K., Pronchenko, Y., Dillman Taylor, D., & Bratton, S.** (2011, September) *Using assessments to help children get a jump-start: An example from a counseling intervention in a Headstart program*. Association for Assessment in Counseling and Education Conference, Fort Worth, Texas.

Carnes Holt, K., **Purswell, K.**, & Bratton, S. C. (2010, October). *A Preliminary investigation of Child Parent Relationship Therapy with adoptive families: Effects on child behavior, parent-child relationship stress, and parental empathy*. Association for Play Therapy Conference, Louisville, Kentucky.

Dillman, D. L., **Purswell, K.**, & Edwards, N. A. (2010, February). *Building Relationships in a Time of Stress: Child Parent Relationship Training (CPRT) with Divorced Parents*. International Conference on Parent Education and Parenting at the University of North Texas, Denton, Texas.

State/Regional/Local Refereed Presentations

Purswell, K., & Willis, B. T. (2016, September). *Using expressive arts to promote engagement and self-reflection in the counselor education classroom*. North Atlantic Region of Association for Counselor Education and Supervision Conference, Syracuse, NY.
*Received *Excellence in Teaching Signature Series Award*

Purswell, K. (2016, April). *Let's get creative: Expressive arts in counseling*. Chi Sigma Iota Pennsylvania Statewide Conference, Scranton, Pennsylvania.

Purswell, K., & Willis, B. T. (2015, November). *Identity and development as professional counselors: United profession and diverse individuals*. Pennsylvania Counseling Association Conference, State College, Pennsylvania.

Willis, B. T., & **Purswell, K.** (2014, November). *Looking into identity. Who am I and how did I get here*. Pennsylvania Counseling Association Conference, State College, Pennsylvania.

Purswell, K., & Stulmaker, H. L. (2014, November). *Expressive arts in supervision: Choosing developmentally appropriate interventions*. Texas Counseling Association Professional Growth Conference, Dallas, Texas.

Aldrete, C., Haas, S., **Purswell, K.**, & Ray, D. C. (2014, August). *Development of psychometric properties of the Play Therapy Skills Checklist (PTSC)*. McNair Scholars Program, University of North Texas, Denton, Texas.

Dillman Taylor, D., Bratton, S., **Purswell, K.** (2014, April). *Play therapy in schools: Intervening with children who demonstrate social or emotional concerns*. Texas Association for Play Therapy Conference, Austin, Texas.

Purswell, K. (2013, January). *Single case or small N experimental designs: Deciding the best fit for your research question*. Texas Association of Counselor Education and Supervision Conference, Austin, Texas.

Purswell, K. (2013, January). *The person of the counselor educator: Unconditional positive regard and its implications*. Texas Association of Counselor Education and Supervision Conference, Austin, Texas.

Purswell, K., & Dillman Taylor, D. (2012, November). *One size doesn't fit all: Tailoring play therapy interventions for blended families*. Texas Counseling Association Conference, Galveston, Texas.

Ware, J., **Purswell, K., & Akay, S.** (2012, November). *Experiential supervision: Using expressive arts to facilitate the supervision process*. Texas Counseling Association Conference, Galveston, Texas.

Jayne, K., & **Purswell, K.** (2012, April). *The art and science of the relationship: Neurobiology, attachment, and play therapy*. Texas Association for Play Therapy Conference, Austin, Texas.

Lindo, N., Dillman Taylor, D., Purswell, K., & Jayne, K. (2011, November) *Playful teachers: Building the teacher child relationship with at-risk preschoolers*. Texas Counseling Association Conference, Fort Worth, Texas.

Bratton, S, Purswell, K., Dillman Taylor, D. (2011, October) *Use of expressive arts in supervision: Facilitating supervisee's awareness and growth*. Texas Counseling Association Conference, Fort Worth, Texas.

Rushing, K., **Purswell, K., & Dillman, D.** (2010, November) *Child-Parent Relationship Therapy with divorced parents: A qualitative analysis of the experiences of three parents*. Texas Counseling Association Conference, Austin, Texas.

Purswell, K., Dillman, D. L., & Edwards, N. A. (2010, March). *Building relationships in a time of stress: Child Parent Relationship Training (CPRT)*. Texas Association for Play Therapy conference, Houston, Texas.

Purswell, K. (2006, March). *Students' Intentions and Social Support as Predictors of Academic Behaviors*. Texas Council on Family Relations, Lubbock, Texas.

Invited Presentations

Purswell, K., et al. (2015, November). *Joy: What is it? A student faculty panel discussion*. Department of Theology and Religious Studies, University of Scranton, Scranton, Pennsylvania.

Bratton, S., & **Purswell, K.** (2013, November). *Child-Teacher Relationship Therapy: An introduction for Head Start teachers*. Head Start, Houston, Texas.

GRANTS

- 2014 Association of Humanistic Counseling Make a Difference Grant
- 2013 University of North Texas Dissertation and Thesis Support Grant
- 2012 Dan E. Homeyer Play Therapy Research Grant,
Texas Association for Play Therapy, Canyon Lake, Texas
An early mental health intervention for low-income children referred for behavioral problems.
- 2009 Texas Counseling Association Grant, Austin, Texas
The impact of child-parent relationship therapy on child behavior and parent-child relationships: An examination of parental divorce.

TEACHING EXPERIENCE

University of Scranton Graduate Courses

- COUN 501: Counseling/Interviewing Skills (F2014, S2015, F2015 F2016)
 COUN 504: Appraisal Techniques (F2014, S2015, F2015, S2016)
 COUN 540: Family Counseling and Therapy (F2014)
 COUN 578: Organizational Systems in Clinical Mental Health Counseling (S2015)
 COUN 584: Special Topics: Expressive Arts and Play Therapy (F2016)
 COUN 584: Special Topics: Foundations in Play Therapy (S2016)
 COUN 590: Practicum in Clinical Mental Health Counseling (F2014, F2015, F2016)
 COUN 595: Internship in Clinical Mental Health Counseling (S2015, Sum2016)

University of Scranton Undergraduate Courses

- COUN 360: Individual Assessment (S2016)

University of North Texas Graduate Courses (Co-instructor)

- Spring 2014 COUN 5660: Advanced Counseling Skills
 Fall 2013 COUN 5700: Introduction to Play Therapy
 Fall 2013 COUN 5290: Ethical, Legal, and Professional Issues in CMHC
 Summer 2011 COUN 5480: Biopsychosocial Assessment and Wellness

University of North Texas Undergraduate Courses

- Spring 2014 COUN 5660: Advanced Counseling Skills
 Fall 2013 COUN 3630: Survey of Career Development and Career Guidance
 Spring 2013 COUN 3620: Principles of Counseling II

SUPERVISION EXPERIENCE

- Fall 2016 Practicum in CMHC, U of S, Group Supervision: 5 MS students; Individual Supervision: 3 MS Students
- Summer 2016 Leahy Clinic, U of S, Individual Supervision: 1 play therapy MS intern
- Spring 2016 Foundations in Play Therapy, U of S, Group Supervision: 3 MS students
- Fall 2015 Practicum in CMHC, U of S, Group and Individual Supervision: 5 MS students
- Summer 2015 Internship in CMHC, U of S, Group Supervision: 7 MS students
- Spring 2015 Internship in CMHC, U of S, Group Supervision: 8 MS students
- Fall 2014 Practicum in CMHC, U of S, Group and Individual Supervision: 4 MS students
- Summer 2014 UNT, Doctoral Peer Consultant: Triadic Consultation for 4 PhD students
- Spring 2014 Center for Play Therapy Master's Intern Supervisor, UNT, Individual Supervision: 3 MS students; Group Supervision Co-Facilitator: 3 MS students, 3 PhD Students
- Spring 2014 Advanced Counseling Skills, UNT, Supervision of Supervision for 4 PhD students
- Summer 2013 UNT, Doctoral Peer Consultant: Triadic Consultation for 4 PhD students
- Spring 2013 UNT, Filial Therapy, Triadic Supervision for 4 MS students
- Fall 2012 UNT, Filial Therapy, Triadic Supervision for 3 MS students
- Spring 2012 UNT, Practicum in CMHC, Triadic supervision for 4 MS students
- Fall 2011 UNT, Practicum in CMHC, Triadic supervision for 4 MS students
- Fall 2011 UNT, Advanced Skills, Triadic supervision for 4 MS students
- 2011-2013 UNT, Introduction to Play Therapy, Triadic supervision for 3 MS and/or PhD students per semester

PROFESSIONAL AND CLINICAL POSITIONS

- 2015-present **Assistant Professor**
University of Scranton
- 2016-present **Private Practice Counselor**
Blakely, Pennsylvania
- 2014-2015 **Faculty Specialist**
University of Scranton
- Spring 2013-
Spring 2014 **Instructor**
University of North Texas
- 2013-2014 **Assistant Director**
Center for Play Therapy, University of North Texas

Assisted director with all Center operations and management including oversight and coordination of operations with four doctoral graduate assistants, four student workers and the part-time office manager; Conference planning and

implementation for the annual 2-week International Summer Institute and 1-day Fall Conference, including development and production of conference promotional materials; Coordination of school-based child counseling internship experience for Master's interns, including collaboration with school personnel and intern supervision

2010-2014 **Doctoral Counseling Intern**
Child and Family Resource Clinic, University of North Texas

Provided over 1,000 hours of counseling services to an ethnically and socially diverse population of adults, children, and adolescents at university-based community clinics; Utilized talk therapy, play therapy, and expressive arts modalities; Provided parent consultations, parenting training, and filial therapy services, and couples counseling; Participated in teacher phone consultations and Admission Review and Dismissal meeting for child receiving special education services; Provided short-term group counseling for international graduate students

2010-2014 **School-Based Counselor**
Denton ISD, Little Elm ISD, Texas

Provided individual and group play-based counseling services for a diverse population of preschoolers and elementary school students; Provided consultation to teachers and school counselors; Assisted in in-service trainings for teachers

2012-2013 **Coordinator and School Liaison**
Center for Play Therapy, University of North Texas

Managed a school-based randomized active control group research study involving at-risk preschool children at two low-income schools for young children; Consulted with principals, teachers, and administrative staff to schedule and implement services for at-risk children and provided ongoing teacher consultations; Trained treatment providers in research protocol

2011-2012 **Psychoeducational Assessment Counselor**
Child and Family Resource Clinic, University of North Texas

Administered, scored and interpreted a battery of 17 assessments measuring emotional functioning, intelligence, behavior, parental stress, memory, and motor coordination to children and adolescents ranging in age from 7 to 15 years of age; Conducted extensive developmental interviews with parents; Participated in interdisciplinary team meetings to staff assessment battery results; Provided parents with integrated feedback

- 2010-2012 **Graduate Assistant**
Center for Play Therapy
- Assisted with various research projects and participated in an array of research activities including, provided play therapy as a treatment intervention in 4 intervention studies in Title I schools; Conducted 72 live behavioral assessments of preschool students at a Head Start school; Participated in manuscript coding for a meta-analytic study
- 2010 **Master's Intern**
Denton County Friends of the Family, Denton, Texas
- Provided individual counseling services to children, adults, and adolescents at an agency for victims of relationship violence and sexual assault; Co-facilitated a violence intervention program group for male perpetrators of relationship violence; Acted as a first responder for victims of sexual assault who presented at local emergency rooms
- 2008-2010 **Research Assistant**
Center for Play Therapy
- Assisted with various research projects including data collection, organization, and maintenance for a study examining Child Parent Relationship Therapy with adoptive families; 270 live behavioral observations of elementary school students referred to counseling for disruptive behavior; Literature collection and review of child-centered play therapy efficacy research
- 2006-2007 **English as a Second Language Instructor**
Suji, South Korea
- 2005 **Research Assistant**
Family and Consumer Sciences Department, Texas State University-San Marcos
- Assisted with data collection, organization, and instrument administration for a mixed-methods study examining university success among a diverse group of college students; Analyzed qualitative data; Assisted with quantitative data analysis

PROFESSIONAL LEADERSHIP AND SERVICE

National/International

2016-present Editorial Board Member , *Journal of Humanistic Counseling*

2014-present Editorial Board Member, *Journal of Child and Adolescent Counseling*

- 2016 Conference Program Reviewer, Association for Humanistic Counseling
- 2015-2016 Emerging Leader, Association for Humanistic Counseling
- 2015-2016 Conference Program Reviewer, American Counseling Association
- 2012-2013 ACA CSI Day Poster Session Reviewer, Chi Sigma Iota International

Regional/State/Local

- 2015-present Secondary Faculty Advisor, Chi Sigma Iota, Delta Rho Chapter
- 2016, Feb. Classroom Facilitator, Mid Valley Elementary School Career Day
- 2012-2013 Community Mental Health Representative, Chi Sigma Iota, Rho Kappa Chapter
- 2010-2012 Awards Committee Chair, Chi Sigma Iota, Rho Kappa Chapter
- 2009-2010 Treasurer, Chi Sigma Iota, Rho Kappa Chapter
- 2009-2010 Master's Student Orientation Chair, Chi Sigma Iota, Rho Kappa Chapter
- 2009 Initiation and Awards Committee Chair, Chi Sigma Iota, Rho Kappa Chapter

University/College/Department

- 2015-present Co-Director, Clinical Mental Health Counseling Program
Counseling and Human Services Department, University of Scranton
- 2015-present NBCC Liaison
Counseling and Human Services Department, University of Scranton
- 2015-present Member, Departmental Review Board
Counseling and Human Services Department, University of Scranton
- 2015-present Member, Standards Workgroup Committee
Counseling and Human Services Department, University of Scranton
- 2016-present Chair, Online Supervision Module Committee
Counseling and Human Services Department, University of Scranton
- 2016 Member, Faculty Search Committee
Counseling and Human Services Department, University of Scranton

2016 Member, Faculty Affairs Council Pennsylvania AAUP Conference Committee

2016 Member, New Graduate Student Orientation Committee
Panuska College of Professional Studies

PROFESSIONAL AFFILIATIONS

2009-present American Counseling Association
2012-present Association for Humanistic Counseling
2011-present Association of Child and Adolescent Counseling
2010-present Association for Counselor Education and Supervision
NARACES Home region
2014-present Pennsylvania Counseling Association
2008-2014 Texas Counseling Association
2013-2015 Association for Assessment in Counseling and Education
2009-present Association for Play Therapy
2015-present Pennsylvania Association for Play Therapy
2009-2014 Texas Association for Play Therapy
2008-present Chi Sigma Iota International